



Nitroglycerine Instructions

Take short-acting nitroglycerine tablets or spray for fast angina relief. One spray equals one under-the-tongue tablet.

Follow these steps for use:

1. Sit down before you take nitroglycerine. The medicine may make you feel dizzy.
2. Place a tablet under your tongue or spray one time inside your cheek. Let the tablet dissolve completely. If you swallow the tablet, it won't work.
3. Wait 5 minutes; if you still have angina, take a second tablet or spray.
4. Wait another 5 minutes. If the angina still has not gone away, take a third tablet or spray.
5. If you still have angina after 15 minutes, and 3 doses of nitroglycerine call for emergency help.